

## Risk Assessment for Club Facilities – Covid-19

Roker Canoe Club	Name of Risk Assessor: Andrew Herbert	Date of Risk Assessment: 23/03/2021
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What are the hazards?	Who might be harmed?	Controls Required	Additional Controls	Action by who?	Action by when?	Complete
Spread of Covid-19 Coronavirus	<p>Staff, club members, volunteers, paddlers and visitors to your club.</p> <p>Vulnerable groups – Elderly, Pregnant workers, those with existing underlying health conditions.</p> <p>Anyone else who physically comes in contact with other people in relation to your business</p>	<p><b><u>Hand Cleaning</u></b></p> <p>Gel sanitisers are to be provided by each member.</p> <p><b><u>Cleaning</u></b></p> <p>Frequently cleaning and disinfecting objects and surfaces that are touched regularly particularly in areas of high use such as door handles, light switches, reception area using appropriate cleaning products and methods.</p>	<p><b><u>Hand Cleaning</u></b></p> <p>Members are reminded on a regular basis to wash their hands with gel sanitiser. Especially before and after entering the water.</p> <p>Members are also reminded to catch coughs and sneezes in tissues – Follow Catch it, Bin it, Kill it and to avoid touching your face, eyes, nose or mouth with unclean hands. Tissues will be made available throughout the premises.</p> <p><b><u>Cleaning Shared Equipment</u></b></p> <p>Boats and paddles are to be cleaned down with fresh water after removal from the container and after use.</p> <p>Gloves must be used when moving boats to and from the container.</p> <p>Wet suits, Buoyancy aids, Cags and helmets are to be loaned to members on a temporary basis. The members are responsible for cleaning the equipment and maintaining it. This equipment is to be used on the lake only and is not to be used on rivers.</p> <p>Boats and paddles are to be stored in the container after use and not used again for a minimum of 72 Hr's.</p>	Members	March 2021	Yes

		<p><b><u>Information</u></b></p> <p>An efficient system of notifying members of the systems and protocols in place and what is expected of them, must be in place prior to reopening the club facilities.</p>	<p><b><u>Information</u></b></p> <p>Information on what to do during a session is to be published on the clubs Facebook site. All procedures and risk assessment are to be stored on the club web site.</p> <p>Committee members to coordinate access to the compound and container. Only one person at a time to enter the container.</p>	Club safety officer	March 2021	
		<p><b><u>Social Distancing</u></b></p> <p>Reduce the amount of people accessing the boat house/premises for boats and equipment, comply with the 2-metre (6.5 foot) gap recommended by the Public Health Agency.</p>	<p><b><u>Social Distancing</u></b></p> <p>All lake sessions are to be controlled through a booking system on the clubs Facebook site.</p> <p>Each lake session is to be limited to a maximum of 5 novice paddlers plus one coach. Sessions are to start at 18:00 with a target of being on the water by 18:15.</p> <p>Experienced paddlers who have all their own equipment may use the lake during the club session. This second session is to start at 18:30. Experienced paddlers must not operate in a group greater than 6.</p> <p>Junior members who are not able to carry their equipment are to be supported by parents / Guardians. These family groups are responsible for moving the equipment and supporting launching and landing of boats.</p> <p>No members are to go onto the lake until the coach tells them it is safe to do so.</p> <p>The coach will coordinate the launch / landing of the boats onto the lake.</p> <p>Only one boat / Paddler is to be on the beach at any one time Unless a family member is required for launch / landing. Once launched the paddler must move away from the launch area and find a space close to the beach where they can maintain social distancing without blocking the launch area for other members.</p>	Members	March 2021	

		<p><b><u>Rescue</u></b></p> <p>Reduce the potential for members breaching the 2 meter rule whilst preventing danger from capsizing.</p>	<p><b><u>Rescue</u></b></p> <p><u>No members</u> are to practise wet exit or rolling on the lake.</p> <p>If a member capsizes their boat, they are responsible for their own rescue unless a family member is on the water, available and capable to support.</p> <p>Junior members must have a parent / guardian on the side of the lake so they can support them and their equipment when they reach the edge of the water.</p> <p>Should the capsized member be unable to swim to the side, as a last resort assistance in the form of swim lines can be used from other member's boats under the guidance of the coach. Swim lines must then be cleaned and not used again for 72 hrs.</p> <p>All members <u>must</u> follow the instructions of the coach at all times.</p> <p>First aid equipment will be available however the club member is responsible for their own treatment. Some guidance will be given on what to do.</p> <p>Breach of any rules will result in the member not being allowed to attend further sessions. Severe breaches may result in suspension of membership.</p>	Club Coach	March 2021	
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