

Risk Assessment for Club Facilities – Hetton Lyons Park

Roker Canoe Club	Name of Risk Assessor: Andrew Herbert	Date of Risk Assessment: 23/03/2021
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What are the hazards?	Who might be harmed?	Risk	Additional Controls	Action by who?	Action by when?	Complete
Canoe/Kayak	Staff, club members, volunteers, paddlers and visitors to the club.	Water: Drowning	Ensure participants are water-confident. Wear correctly fitting BA's to be worn at all times. Teach a capsize drill. Good Group control including instructor: pupil ratio. Spray decks not to be used until appropriate training has been undertaken. Throw lines or towlines to be carried by coaches. First aider available.	Instructor or Committee nominated person	25 th March 2021	Yes
		Water: Sharp or hard objects in water	Appropriate footwear to be worn. Helmets to be worn. First aider available. First aid kit available.	Member/ Visitor		Yes
		Water: Hypothermia	Dress appropriately for the conditions. Be aware of changing conditions / weather forecast. Avoid long sessions in cold conditions. Minimise risk of immersion during cold weather. Educate in hypothermia awareness. Instructor to carry spare clothes, hot drink, group shelter, survival bag, food etc. subject to conditions. First aider available.	Member/ Visitor		Yes

		Water: Waterborne diseases	Observe water conditions. Minimise risk of immersion. Awareness of leptospirosis. Avoid ingesting water. Wash hands before eating or smoking.	Member/ Visitor		Yes
		Equipment: Manual handling injuries	Correct techniques to be used. Assistance to be available if required. Use and carry appropriate kit.	All		Yes
		Equipment: Condition	Inspect equipment. Discard damaged equipment.	Equipment Officer		Yes
		Equipment: Entrapment	Teach capsize drill. Teach use of throw lines and towlines	Instructor or Committee nominated person		Yes
		Weather: Sunburn	Ensure students wear a cap, shirt, and sunscreen. Avoid long periods in direct sun.	Instructor or Committee nominated person		Yes
		Slippery Surfaces: General	Make people aware of slippery surfaces. Wear appropriate footwear. Take care. Introduce spotting if necessary.	Instructor or Committee nominated person		Yes
		Slippery Surfaces: Falling into water	Always wear a BA and helmet when near water	Member/visitor		Yes
		Choking: Items in mouth	Nothing to be in mouth during activity e.g. sweets, gum etc.	Member/visitor		Yes
		Entanglement: Snagging	Remove any hanging jewellery before entering water.	Member/visitor		Yes

		Weeds: Entanglement	Avoid areas of high weed density. Maintain good group control.	Instructor or Committee nominated person		Yes
		Trees: Entanglement	Clear briefing. Avoid areas of trees on shore. Maintain good group control.	Instructor or Committee nominated person.		Yes
			Unnecessary loops to be removed from equipment.	All		Yes
		Long Session: Exhaustion	Adjust length/activity to suit participants. Carry extra food and drink.	Instructor or Committee nominated person		Yes
		Long Session: Hyperthermia	Dress appropriately for conditions. Be prepared with extra fluids. Avoid prolonged periods in direct sunlight.	Member/Visitor		Yes