

ROKER CANOE CLUB RISK ASSESSMENT

To be completed in conjunction with Guidance Notes

Date: (1) 29/09/2014	Assessed By: (2) MJ	Checked By: (3)	Location: (4) Farringdon Pool	Assessment Ref no: (5)	Review Date: (6) 29/09/2019
Task / Premises: (7) Roker Canoe Club sessions on Farringdon Community Sports College Swimming Pool					

Activity (8)	Hazard (9)	Who might be harmed and how (10)	Existing measures to control risk (11)	Risk Rating (12)	Result (13)
General	Personal Injury / Drowning	All	Instructor in charge BCU Level 1 as minimum qualification.	L	A
General	Personal Injury / Drowning	All	First aider to be present at all times.	L	A
Kayaking	Personal Injury due to being struck by other paddlers	All	Helmet and buoyancy aid to be worn.	M	A
Kayaking	Injury or drowning due to failure of equipment	All	Inspect equipment and discard damaged kit.	M	A
Kayaking	Personal Injury / Drowning due to entrapment	All	All participants to be instructed in exiting a capsized kayak. No-one to use spray decks until they have demonstrated efficient exiting of a capsized kayak both without and with one.	L	A
Kayaking or swimming	Personal Injury / Drowning due to difficulty in deep water	All	All participants to demonstrate that they can swim before proceeding to the deeper part of the pool. All non-swimmers or poor swimmers to remain in the shallow part of the pool. No diving allowed in the shallower parts of the pool.	L	A
Kayaking	Personal Injury / Drowning due to impaired ability to self rescue	All	No one apparently under the influence of drugs or alcohol allowed to participate.	L	A
Kayaking	Infection / Personal Injury	All	Pool visually inspected for foreign objects prior to use. Pool adequately maintained and chlorination and filtering systems fully operational.	L	A
Kayaking or Swimming	Poisoning	All	Pool adequately maintained and chlorination and filtering systems fully operational.	L	A
Lifting and carrying	Personal Injury due to sprain or strain	All	All persons trained in correct lifting techniques. Assistance sought if required	L	A
Walking on pool side	Personal Injury / Drowning due to Slip hazard on pool side	All	No running allowed pool-side. Participants to be made aware that the pool side may be slippery.	L	A
Eating	Choking: Items in mouth	All	Nothing to be in mouth during activity e.g. sweets, gum etc.	L	A

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Kayaking or Swimming	Long Session: Exhaustion	All	Adjust length/activity to suit participants.	L	A
Equipment: River Knives	Personal injury due to sharp instrument.	All	Under no circumstances whatsoever should participants attend with river knife (or similar) in possession	L	A

Action Plan (14)				
Ref No	Further action required	Action by whom	Action by when	Done

Name:.....

Date:.....